



# The Brush Telegraph

**Respect Responsibility Resilience**

Website: [www.winghambru-p.schools.nsw.edu.au](http://www.winghambru-p.schools.nsw.edu.au)

Email: [winghambru-p.school@det.nsw.edu.au](mailto:winghambru-p.school@det.nsw.edu.au)

Mrs Kylie Seaman  
Principal  
Isabella Street  
Wingham  
Phone: 65534443  
Fax: 65570322

Week 6 – Term 4

Wednesday, November 15, 2017

## DIARY DATES

### NOVEMBER

Thurs 16 Assembly 2.15pm  
Tues 28 Annual School Concert  
Wed 29 Book Club orders due  
Wed 29 P&C Meeting  
Thurs 30 Assembly 2.15pm

### DECEMBER

Tues 12 Yr 6 Farewell  
Wed 13 Presentation Day 10am  
Thurs 14 Yr 6 Fun Day



## MESSAGE FROM THE PRINCIPAL

Dear Parents and Carers,  
Preparations are well underway for our end of year concert on Tuesday 28 November. We hope you have set

aside the date so you are able to join us for this end of year celebration. Students will **not** require a seat on the night as they will remain with their class for their performance and the whole school item at the end of the night. DVD order forms can be obtained from the office and are a wonderful reminder of the evening.

We all want to work together to keep our children safe at Wingham Brush Public. Please be aware of other cars and students when arriving and leaving the concert. All the children will be picked up from the door at the back of the MEC. Clear instructions regarding pick up will be delivered on the night.

What I look forward to most about the concert is seeing the amount of enjoyment the children gain from performing for their family and friends.

*'The soul is healed by being with children.'*  
— Fyodor Dostoyevsky

Regards,  
Kylie Seaman  
Principal

## P&C

### CANTEEN VOLUNTEERS ROSTER

#### NOVEMBER

Thurs 16	C McGilvray	S McGilvray
Fri 17	R Green	M Mills
Mon 20	R Green	R Whitbread
Tues 21	S Deacon	
Wed 22	R Whitbread	

## WINGHAM BRUSH ANNUAL SCHOOL CONCERT – 'OH, THE PLACES YOU'LL GO!'

The much anticipated Wingham Brush Public School 2017 Annual School Concert will be held at the Manning Entertainment Centre on Tuesday 28 November.

Our theme this year is 'Oh, The Places You'll Go!' Parents and teachers dream of the wonderful places that their children and students will go, the adventures they will have and the goals they will set for themselves. The show has been inspired by Dr Seuss. He writes, 'You have brains in your head, you have feet in your shoes. You can steer yourself any direction you choose.' The students will share their interpretation of the story and portray some of the wonderful places and experiences they hope to enjoy in their future.

Don't miss this opportunity to laugh, cry, wonder and celebrate with our talented students and enthusiastic teachers as they take you on a journey of music, dance, drama and more.

In the words of Dr Seuss, 'If you never did you should. These things are fun, and fun is Good.'

Make a note on your calendars, get your tickets, then sit back and enjoy a wonderful evening's entertainment from our talented and enthusiastic students!

**When:** Tuesday 28 November 2017

**Where:** Manning Entertainment Centre  
Concert Starting Time: 7pm

**Tickets: \$12.00 for internet purchases only**

Tickets will be **\$14.00** for phone purchases or in person at the MEC (includes a **\$2.00** booking fee per ticket)

Tickets are now available for purchase.

- **Online:** \$12.00 each - Tickets will be sold through The Greater Taree City Council website at <http://mec.midcoast.nsw.gov.au/See-a-show> and there is no ticket booking fee for internet purchases through this site. If you do not have the internet at home the website can be accessed at the Town Library. A Credit Card or Visa Debit or Mastercard is required for payment using the website.

- **Phone:** \$14.00 each - Manning Entertainment Centre - 6592 5466 (dial option 1 to be transferred to the ticket agency) between 10am and 1pm Tuesday to Friday

- **In Person:** \$14.00 each - Manning Entertainment Centre – between the hours of 10am and 1pm Tuesday to Friday

Tickets will be available at the door if not sold out beforehand.

Information regarding the organisation for the rehearsal and the night will be sent home in a separate note.

### ANNUAL SCHOOL CONCERT DVD ORDERS

This year we have a new company "BlackFox Films – Rob Stocks" delivering the DVD for the concert.

Prices will be as follows:

Concert DVD only \$25.00

Concert USB only \$30.00

Concert DVD and USB Combo \$40.00

Order forms have been sent home and need to be returned in an envelope with payment to the front office by Friday 24 November.

### BOOK CLUB

Brochures for Issue 8 of Book Club have been distributed to students and are due by Wednesday November 29. The book club order form together with payment needs to be completed and returned to the library to Mrs Pasolini (on Monday, Tuesday or Wednesday). Payment can be made in cash, credit card or cheque (made out to Scholastic Australia Pty Ltd and not the school). Parents who wish to make use of the Scholastic online ordering and payment facility (LOOP) also need to have their orders submitted by November 29, to ensure their order is submitted with the school order.

### NRL BACKYARD LEAGUE PROGRAM

NRL Development officers will be working with all students from Kindergarten to Year 6 over the next 3 weeks. Students will practise the non-contact skills involved in rugby league as well as focusing on resilience and teamwork skills. Students really enjoyed the first session on Tuesday and are keen to participate again next week.



## Good for Kids good for life

### CRUNCH&SIP®

Our school is part of the Crunch&Sip® program, also known as 'Fruit break'. Crunch&Sip® is a set time during the day to eat salad vegetables and fruit and drink water.

Below are some examples of what students are allowed to bring for Crunch&Sip®:

- All fresh fruit and vegetables
- Dried fruit or tinned fruit in juice but only sometimes
- Plain water

Items that are not considered fruit and vegetables for Crunch&Sip® include:

- Fruit products (e.g. fruit leathers, fruit roll-ups)
- Fruit jams or jellies, fruit pies or cakes
- Tinned fruit in syrup
- Vegetable or potato chips, hot potato chips, popcorn
- Vegetable pastries (pies, pasties)
- Vegetable cakes, fritter, quiches or similar
- Fruit or vegetable juices or any drink other than plain water



PHONE 4924 6499

## Good for Kids good for life

### THE BENEFITS OF PHYSICAL ACTIVITY

Being active is very important for children. Not only for their physical health but also for their mental wellbeing.

Some benefits of being active include:

- Promoting healthy growth and development
- Building strong bones and muscles
- Improving cardiovascular fitness
- Improves balance, coordination and strength
- Improves concentration and thinking skills
- Improves confidence and self-esteem
- Improving sleep

Children aged 5-12 years should participate in at least 60 minutes of moderate to vigorous intensity (makes you huff and puff) physical activity every day.



PHONE 4924 6499